

GILLWOOD BED and BREAKFAST ACCESS STATEMENT

Introduction

Gillwood is nestled in 12 acres in the picturesque Glynn Valley alongside the River Fowey. We have 3 double en suite bedrooms two on the first floor accessible by a stairwell and not suitable for wheelchair users. The third bedroom is on the ground floor and is ideal for wheelchair users.

Pre-Arrival

- We are located at the end of a short narrow lane on a slight incline, accessible by car.
- The nearest railway station is Bodmin Parkway 3 miles West and Liskeard 6 miles east... Taxis are usually available at the station and we are happy to pick up guests with prior arrangement.
- The nearest shops are approximately 1 mile away.
- There are no nearby bus routes.
- There are several local taxi companies; we can make bookings in advance for you.
- We are happy to accept dogs but only in our downstairs bedroom. Note that we have two friendly dogs and one cat.
- Menus can be provided in large print if required. We regret we do not have facilities to prepare documents in Braille.
- Our website www.gillwoodbedandbreakfast.com provides pictures of our accommodation and further information about the services we provide.
- You can contact us by telephone, text, e-mail. Please see the "Contact Information" section of this document below for full details.

Arrival and Car Parking

- Please advise us of your anticipated arrival time.
- To ensure your accommodation is ready we ask that guests do not normally arrive before 2.30pm. Earlier arrival can be arranged and we will accept luggage at any time.
- Parking is on a level drive some 20 metres to the side of the main door.
- We gladly offer assistance with luggage.

Main Entrance

- From the level car park there are 2 shallow steps onto some level decking (assistance recommended for the steps) with rubber matting for some 15 metres to the main door. Persons with visual or hearing impairment should be accompanied to ensure their safety.
- The front door is 1m wide and wide enough for wheelchair access into the hallway.

Guest Accommodation – Public Areas

- The downstairs hallway is tiled.

- The hallway leads left into a guest lounge
- To the right after the door is the staircase leading to the first floor.
- The hallway is 4mx2m and the far end turns right into a corridor. Immediately left is access to Room 4 and immediately right is access to the dining room. All level access.
- There is a downstairs toilet that can be made available to guests during the day / evening
- There are 13 stairs to the first floor; there is a hand rail on one side of these stairs. The stairs are carpeted.
- The house is centrally heated throughout but temperatures can be adjusted in each room to suit individual requirements.
- A selection of local information leaflets is available in the hallway.

Lounge and Dining Room

- Guests are welcome to use the lounge at any time.
- The lounge has two sofas, a single armchair and a dining table with 4 straight back chairs. This room has a widescreen TV.
- The lounge is carpeted and has an open fire during cold weather.
- Leading off the lounge is a conservatory which has a tiled floor and some armchairs and table. A selection of magazines and board games are available here.
- Breakfast is served in the dining room.
- The dining room has carpet flooring.

Downstairs Bedroom 4

- Accessible by wheelchair with a large double bed and a large single bed.
- There is level access to an ensuite wet room with hand wash basin, toilet and shower, tiled floor and walls. Toiletries are also provided.
- Tea and coffee facilities and bottled water are provided.
- We also provide a hair dryer, iron and ironing board, sewing materials, a selection of books and magazines.
- Our beds are normally made with goose/duck down feather duvets, and all pillows are synthetic.
- There is a TV with freesat, radio alarm, wardrobe, chest of drawers, dressing table and an extra chair.
- There is a folder which contains local information and emergency contacts including local doctors and hospitals.

Upstairs Bedroom 1

- After 13 stairs to the first floor, this bedroom is just to the left with level access.
- This has a large double bed with limited access due to size and not suitable for a wheelchair.

- There is level access to an ensuite bathroom with hand wash basin, toilet and a 'step up and in shower', linoleum floor and tiled walls. Toiletries are also provided.
- Tea and coffee facilities and bottled water are provided.
- We also provide a hair dryer, iron and ironing board, sewing materials, a selection of books and magazines.
- Our beds are normally made with goose/duck down feather duvets, and all pillows are synthetic.
- There is a TV with freesat, radio alarm, wardrobe, small chest of drawers and dressing table.
- There is a folder which contains local information and emergency contacts including local doctors and hospitals.

Upstairs Bedroom 3

- After 13 stairs to the first floor, this bedroom is along the carpeted hallway 3 metres to the right with level access.
- This has a large double bed with limited access due to size and not suitable for a wheelchair.
- There is level access to an ensuite bathroom with hand wash basin, toilet and a 'step up and in shower', linoleum floor and tiled walls. Toiletries are also provided.
- Tea and coffee facilities and bottled water are provided.
- We also provide a hair dryer, iron and ironing board, sewing materials, a selection of books and magazines.
- Our beds are normally made with goose/duck down feather duvets, and all pillows are synthetic.
- There is a TV with freesat, radio alarm, hanging space and dressing table.
- There is a folder which contains local information and emergency contacts including local doctors and hospitals.

Gardens

- Immediately outside is extensive level decking with tables and chairs for use by guests. The house is south facing and a sun trap in summer, weather permitting!
- Guests are very welcome to enjoy the rest of our land and a pleasant walk down to the river, but this involves some steps or at least walking on rough ground with some medium inclines.
- Sun loungers and gardens chairs are available for guests.

Additional Information

- There are hard wired fire alarms throughout. In the event of a fire the loud alarm will sound. We will also endeavour to knock on all occupied room doors.

- The building can be evacuated via the front main door at the bottom of the stairs or the doors in both the lounge and conservatory. In an emergency there is also an exit via our kitchen which is at the end of the downstairs corridor opposite the lounge.
- We do not permit smoking in the house or conservatory, but you may smoke in our garden. Please request an ash tray.
- We are happy to cater for special diets or any particular likes or dislikes. Please advise us of these before your arrival.
- We are happy to refrigerate any medication. We can also keep any perishables (such as clotted cream!) in our fridge and or freezer for a limited period.
- Mobile phone reception at the house is intermittent but normally OK on the decking outside.

Contact Information

- **Address:** Gillwood B&B, Two Waters Foot, Liskeard, Cornwall, PL14 6HR.
- **Telephone:** **07799620784** or **01208 821648** When we are away from home this number is diverted to our mobile phone.
- **E-mail address:** enquiries@gillwoodbedandbreakfast.com
- **Website:** www.gillwoodbedandbreakfast.com
- We are open all year but do take occasional days off.

Holiday Cottage

- **Website:** www.gilldeneholidaycottage.com

If you require further details or have any comments about the services we provide do not hesitate to contact us.